

White Mountain Physical Therapy Questionnaire

Name: _____ Date: _____

Reason for today's visit? _____

When did this problem begin, or recently become worse? _____

What helps to alleviate your current problem? _____

What makes it worse? _____

How frequent are the symptoms experienced? Constant or Intermittent

What tests have you had for this complaint? (Circle what applies)

X-ray CAT scan MRI Myelogram Bone Scan

Please circle on the line below your current pain level.

None _____ Pain Level _____ High
1 2 3 4 5 6 7 8 9 10

Please circle the symptoms that you are experiencing with this problem:

Swelling
Loss of motion
Other _____

Loss of balance
Numbness

Tingling
Weakness

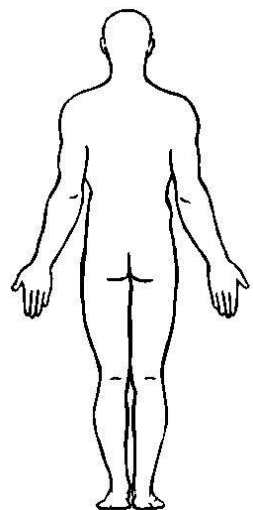
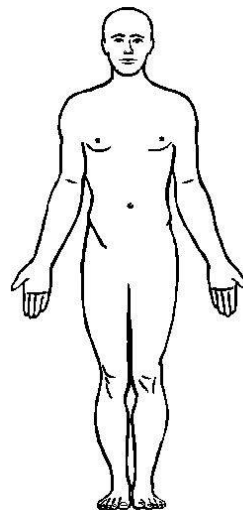
Please mark an X on the body diagram where the pain is the worst →

Is this problem work related? Yes or No

If "Yes", your employer's name:

Your Occupation: _____

Work Status: _____



Continue on back →

About your general health...

- | | |
|--|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Peripheral Vascular Disease |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Emphysema |
| <input type="checkbox"/> Heart Murmurs | <input type="checkbox"/> Bronchitis |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Chest Discomfort |
| <input type="checkbox"/> Unusual Cardiac Findings | <input type="checkbox"/> Phlebitis, Emboli, Deep Vein Thrombosis |
| <input type="checkbox"/> Unusual Shortness of Breath | <input type="checkbox"/> Extreme Fatigue or Tiredness |
| <input type="checkbox"/> Vitamin B Deficiencies | <input type="checkbox"/> Pacemaker or Metal Implant |
| <input type="checkbox"/> Pregnant If "Yes", due date _____ | <input type="checkbox"/> Other _____ |

Please explain in detail if any of the above applied: _____

Current Medication	Dose (mg)	Taken How Often?	Route of Administration

Do you have any drug allergies? Yes or No

If yes, please indicate type of allergy: _____

Do you smoke? Yes or No How much? _____

Current quality of sleep: (Circle one) Good, Slightly disturbed or Poor

Have you recently been ill or hospitalized? Yes or No

If yes, please indicate type of illness: _____

Please list any surgeries you have had in the last 12 months: _____

Have you received any other treatment for this complaint? (Circle which applies)

- Previous Physical Therapy
 Chiropractic
 Alternative Medicine
 Injections

Specify: _____